

Age	Movement (Gross Motor)	Movement (Fine Motor)	Visual (Seeing)	Feeding (Eating)	Social (Emotional)	Speaking & Hearing	Age
0-3 Months	<ul style="list-style-type: none"> <li>Makes arm and leg movements while lying on back and stomach.</li> <li>Lifts head and chest while on stomach.</li> <li>Holds head up and steady while being carried upright.</li> </ul>	<ul style="list-style-type: none"> <li>Makes directed batting/swiping movement with each hand.</li> <li>Holds parents finger.</li> <li>Brings arms to middle of baby's chest.</li> </ul>	<ul style="list-style-type: none"> <li>Looks at faces.</li> <li>Plays with hands.</li> <li>Eyes focus on objects.</li> </ul>	<ul style="list-style-type: none"> <li>Swallows liquids. (Breastmilk or formula)</li> <li>Sucks breast or bottle smoothly and easily.</li> <li>It is too early to give baby solid foods.</li> </ul>	<ul style="list-style-type: none"> <li>Quiets when picked up.</li> <li>Smiles when given attention.</li> <li>Shows needs through crying.</li> </ul>	<ul style="list-style-type: none"> <li>Startles to loud noise.</li> <li>Smiles when spoken to.</li> <li>Searches for sound.</li> </ul>	0-3 Months
3-6 Months	<ul style="list-style-type: none"> <li>Rolls from back to side.</li> <li>Sits with help.</li> <li>Reaches for toy with one arm while lying on stomach.</li> </ul>	<ul style="list-style-type: none"> <li>Moves both arms toward a toy that is dangled at center of the body.</li> <li>Moves toy with hand; to mouth.</li> <li>Reaches for and grabs objects with whole hand.</li> </ul>	<ul style="list-style-type: none"> <li>Eyes follow slow moving object.</li> <li>Looks from one object to another.</li> </ul>	<ul style="list-style-type: none"> <li>Single grain infant cereal starting with rice.</li> <li>Add another grain one at a time.</li> <li>No veggies, fruit, meat, or milk products, unless okay by doctor.</li> </ul>	<ul style="list-style-type: none"> <li>Makes noise when given attention.</li> <li>Smiles at facial expression.</li> </ul>	<ul style="list-style-type: none"> <li>Will look at person speaking.</li> <li>Will begin to coo and gurgle</li> <li>Will turn to voices or noises.</li> </ul>	3-6 Months
6-9 Months	<ul style="list-style-type: none"> <li>Sits alone.</li> <li>Crawls forward on tummy, pulling with arms.</li> <li>Rolls from tummy to back, and back to tummy.</li> </ul>	<ul style="list-style-type: none"> <li>Passes toy from one hand to the other.</li> <li>Plays with a toy actively with wrist movement (shakes and bangs).</li> <li>Grabs hand sized object using thumb and finger.</li> </ul>	<ul style="list-style-type: none"> <li>Inspects and plays with objects.</li> <li>Is able to hold onto two toys (one in each hand).</li> </ul>	<ul style="list-style-type: none"> <li>Orange, green, or dark veggies strained or mashed.</li> <li>No cow's milk.</li> <li>Plain hot cereals, plain unsalted crackers.</li> </ul>	<ul style="list-style-type: none"> <li>Smiles and babbles to their face in a mirror.</li> <li>Pats and pulls at adult's face.</li> <li>Reaches for offered toy.</li> </ul>	<ul style="list-style-type: none"> <li>Turns head and looks to his/her name is said.</li> <li>Strings sounds together. Ex: ma ma ma.</li> <li>Will make eye contact with person speaking.</li> </ul>	6-9 Months
9-12 Months	<ul style="list-style-type: none"> <li>Walks while holding onto furniture.</li> <li>Stands alone.</li> <li>Sits down from standing.</li> </ul>	<ul style="list-style-type: none"> <li>Grabs pea-sized object with finger and thumb.</li> <li>Points with pointer finger.</li> <li>Let's go of toy into small container with purpose.</li> </ul>	<ul style="list-style-type: none"> <li>Finds hidden object.</li> <li>Focuses on small objects such as cheerios and raisins.</li> </ul>	<ul style="list-style-type: none"> <li>Ground or finely chopped lean meats. Chicken with skin, fat, and bones removed.</li> <li>Cooked beans, peas, and lentils.</li> <li>Cottage cheese and plain yogurt.</li> </ul>	<ul style="list-style-type: none"> <li>Reaches for person they know.</li> <li>Reaches for and pats at another baby.</li> <li>Copies "peek-a-boo".</li> </ul>	<ul style="list-style-type: none"> <li>Knows parents' voice.</li> <li>Talks to others to get attention.</li> <li>Understands simple words. (Ex: bottle)</li> </ul>	9-12 Months
12-15 Months	<ul style="list-style-type: none"> <li>Walks alone.</li> <li>Squats to play.</li> </ul>	<ul style="list-style-type: none"> <li>Stacks 2 or more blocks.</li> <li>Fits object into defined space. Ex: shape in shape sorter.</li> <li>Uses both hands to make a toy work.</li> </ul>	<ul style="list-style-type: none"> <li>Looks at pictures in books.</li> <li>Looks at toy for at least 1 minute.</li> </ul>	<ul style="list-style-type: none"> <li>Eats food with fingers.</li> <li>Holds and drinks from cup using 2 hands.</li> <li>Add whole wheat rice and pasta, and fresh fruits (peeled and seeded).</li> </ul>	<ul style="list-style-type: none"> <li>Plays alone near adult for 10 minutes.</li> <li>Looks for eye contact often when talked to or played with for 2-3 minutes.</li> </ul>	<ul style="list-style-type: none"> <li>Hands toy to person when asked (one-step directions).</li> <li>Begins to use words (2 or more syllables - cookie, cracker.)</li> </ul>	12-15 Months
15-18 Months	<ul style="list-style-type: none"> <li>Tries to run.</li> <li>Throws large ball while standing.</li> <li>Walks up and down stairs with help.</li> </ul>	<ul style="list-style-type: none"> <li>Pushes car along surface.</li> <li>Pushes large buttons on toys.</li> <li>Holds crayon in fist to scribble.</li> </ul>	<ul style="list-style-type: none"> <li>Points to far off objects.</li> <li>Knows people in photos.</li> </ul>	<ul style="list-style-type: none"> <li>Holds and drinks from cup with one hand (drinks through straw).</li> <li>Brings spoon/ fork to mouth with some spilling.</li> <li>Bites through cookies/ crackers.</li> </ul>	<ul style="list-style-type: none"> <li>Plays alone near adult for 15-20 minutes.</li> <li>Uses voice to get attention.</li> <li>Tries out different behaviors to test parent.</li> </ul>	<ul style="list-style-type: none"> <li>Stops when told "No".</li> <li>Asks for food or drink with sounds or words.</li> <li>Will start to say more words.</li> <li>Doctors will check ears at regular visits.</li> </ul>	15-18 Months
18-24 Months	<ul style="list-style-type: none"> <li>Pushes or pulls toys while walking.</li> <li>Bends at waist to pick up objects without falling.</li> <li>Walks backwards and sideways.</li> </ul>	<ul style="list-style-type: none"> <li>Builds toy with pieces. (Ex: stacking toys)</li> <li>Is able to do 2-3 piece inset puzzles.</li> <li>Begins to eat with spoon on their own.</li> </ul>	<ul style="list-style-type: none"> <li>Watches and copies parent play "peek-a-boo".</li> <li>Watches and focuses during an activity.</li> </ul>	<ul style="list-style-type: none"> <li>Eats table food with spoon by self.</li> <li>Bites through many different food thickness', and textures.</li> <li>Drinks from cup without help.</li> </ul>	<ul style="list-style-type: none"> <li>Will easily stay with someone they know, without parent.</li> <li>Has tantrum or crying when frustrated.</li> <li>Shows self-control by following simple rules (eats at the table).</li> </ul>	<ul style="list-style-type: none"> <li>Knows named objects. (Ex: blanket, teddy, car)</li> <li>Names pictures in books.</li> <li>If child is not using clear words by 24 months, he/she should see an audiologist and Speech and Language Pathologist.</li> </ul>	18-24 Months
2-2 1/2 Years	<ul style="list-style-type: none"> <li>Jumps up and down with both feet off the floor.</li> <li>Walks up or down stairs by self with both feet on each step.</li> <li>Walks on tiptoes.</li> </ul>	<ul style="list-style-type: none"> <li>Turns pages in a picture book one at a time.</li> <li>Can draw in a circular motion.</li> <li>Follows along with finger plays and other action songs.</li> </ul>	<ul style="list-style-type: none"> <li>Matching objects together (pairing toy animals).</li> <li>Matches objects to picture (magazine pictures with a toy).</li> </ul>	<ul style="list-style-type: none"> <li>Prefers 4-6 small meals instead of 3 large.</li> <li>Likes to be given choices with food. (Ex: peas or carrots)</li> </ul>	<ul style="list-style-type: none"> <li>Is starting to avoid common dangers.</li> <li>Wants to do many things on their own.</li> <li>Explores places or people they don't know with parent present.</li> </ul>	<ul style="list-style-type: none"> <li>Points to 3 body parts.</li> <li>Talks in 2 or 3 word sentences.</li> <li>Responds appropriately to requests (if not, see Speech Pathologist).</li> </ul>	2-2 1/2 Years
2 1/2 - 3 Years	<ul style="list-style-type: none"> <li>Kicks a ball.</li> <li>Walks up or down stairs with one foot on each step.</li> <li>Balances on one foot.</li> </ul>	<ul style="list-style-type: none"> <li>Folds a piece of paper in half.</li> <li>Begins to cut with scissors.</li> <li>Can draw or copy a vertical line.</li> </ul>	<ul style="list-style-type: none"> <li>Matches colors.</li> <li>Matches picture to picture.</li> </ul>	<ul style="list-style-type: none"> <li>Uses fork well.</li> <li>Pours from jug to glass without help.</li> </ul>	<ul style="list-style-type: none"> <li>Learning how to take turns through playing and talking.</li> <li>Plays near other children each doing separate activities.</li> </ul>	<ul style="list-style-type: none"> <li>Knows 4 prepositions (in, on, under, beside).</li> <li>Child uses "I, Me or mine".</li> <li>People should understand 50% of what the child says.</li> </ul>	2 1/2 - 3 Years
3-4 Years	<ul style="list-style-type: none"> <li>Catches a large ball with two hands.</li> <li>Pedals tricycle without bumping into things.</li> <li>Jumps over objects or off a step.</li> </ul>	<ul style="list-style-type: none"> <li>Can copy drawing a circle.</li> <li>Can complete a simple jigsaw puzzle.</li> <li>Can screw lids on jars.</li> </ul>	<ul style="list-style-type: none"> <li>Should have eyes checked and tested by optometrist.</li> <li>Begins to sort objects into colors and sizes.</li> </ul>	<ul style="list-style-type: none"> <li>Will develop food likes and dislikes, but still provide a variety of food groups.</li> <li>Rejects foods for no reason at all (broken cracker).</li> </ul>	<ul style="list-style-type: none"> <li>Will do what parent asks most of the time.</li> <li>Shows pride in doing things without help.</li> <li>Waits 3-5 minutes to have needs met.</li> </ul>	<ul style="list-style-type: none"> <li>Understands concepts such as size, numbers and shapes.</li> <li>Tells stories, and uses the words "and, or, but."</li> <li>Can follow 3 step directions.</li> </ul>	3-4 Years
4-5 Years	<ul style="list-style-type: none"> <li>Hops on each foot 3 times without falling.</li> <li>Skips with both feet and gallops.</li> <li>Bounces and catches a ball.</li> </ul>	<ul style="list-style-type: none"> <li>Can draw a person with most of the body parts.</li> <li>Can cut and glue simple shapes.</li> <li>Can dress by themselves (buttons and zippers).</li> </ul>	<ul style="list-style-type: none"> <li>Begins to recognize printed name.</li> <li>Begins to recognize printed numbers and letters.</li> </ul>	<ul style="list-style-type: none"> <li>Uses a table knife for spreading soft toppings on toast with parent present.</li> <li>Serves self food during meals</li> </ul>	<ul style="list-style-type: none"> <li>Will try new experiences.</li> <li>Talks about having friends.</li> <li>Sometimes talks about own or others' feelings.</li> </ul>	<ul style="list-style-type: none"> <li>Tells meaning of words they know. (apple is round and a fruit)</li> <li>Uses sentences with at least 5-6 words.</li> <li>Hearing should be tested before starting school.</li> </ul>	4-5 Years
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